



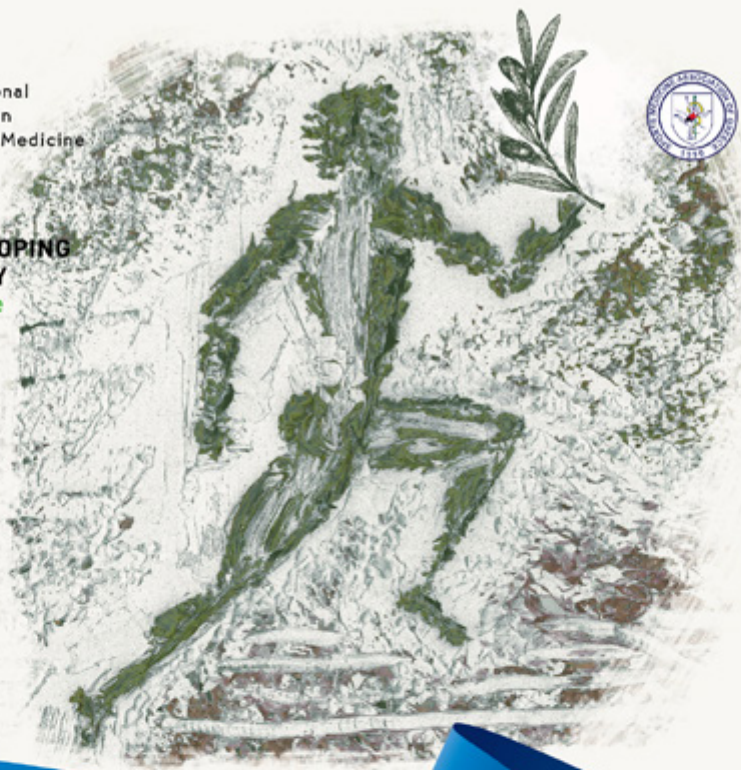
International
Federation
of Sports Medicine



Sports Medicine
Association
of Greece



WORLD
ANTI-DOPING
AGENCY
play true



FIMS - WADA
Pre-Congress Course

Anti-Doping in Sport

Wednesday September 22nd, 2021
Divani Caravel Hotel
Athens, Greece



SCIENTIFIC PROGRAM



09:00 Registrations

09:00-09:15 Goals of Session and overview of programme

WADA Medical Director - **Alan Vernec (Canada)**

WADA TUE Chair - **David Gerrard (New Zealand)**

FIMS Chair Education Committee - **Demitri Constantinou (South Africa)**

President FIMS2020 Congress - **Konstantinos Natsis (Greece)**

FIMS President - **Fabio Pigozzi (Italy)**

09:15-09:45 DOPING/ ANTI-DOPING IN THE MODERN ERA

Moderator: **Alan Vernec (Canada)**

Landmark events

Richard Budgett (Switzerland), Manos Bogdos (Greece)

09:45-10:15 THE LIST OF PROHIBITED SUBSTANCES & METHODS

Moderator: **Yoko Dozono (Tokyo)**

- Criteria for substances getting on (or off) the List
- Navigating the List
- Hot topics

Audrey Kinahan (Ireland)

10:15-10:45 Coffee break

10:45-11:15 THE CODE AND ISTUE

Moderator: **David Healy (Canada)**

Key Elements and the Summary of changes to ISTUE

Elizabeth Riley (UK)

11:15-12:00 CHALLENGING MEDICAL CONDITIONS AND TUE CASES

Moderator: **Jamie Kissick (Canada)**

- Overcoming the para-athlete challenges
- Testosterone for Hypogonadism
- Diuretics for Hypertension

Manos Bogdos (Greece), Ebo Nieschlag (Germany), Simon Kemp (UK)

12:00-13:00 Lunch break



13:00-13:30 ETHICAL ISSUES AND PHYSICIAN RESPONSIBILITIES

Moderator: **Nikolaos Raikos (Greece)**

Demetri Constantinou (South Africa)

13:30-14:15 CONSEQUENCES OF DOPING FOR ATHLETES AND PHYSICIANS

Moderator: **Dimitrios Kouvelas (Greece)**

- Key concepts in results management: Strict Liability, Contamination, Specified/non-Specified: 2 cases
- Health risks and social consequences
- Consequences for medical professionals

Elizabeth Riley (UK), Ola Ronsen (Norway), Jamie Kissick (Canada)

14:15-14:45 DIETARY SUPPLEMENTS

Moderator: **Young-Hee Lee (South Korea)**

Evidence based approach to efficacy and risks

Ron Maughan (UK)

14:45-15:00 Coffee break

15:00-15:30 CHALLENGING MEDICAL CONDITIONS/TUE CASES

Moderator: **Sebastian Thormann (Switzerland)**

- Clomiphene for infertility
- Glucocorticoid cases

Katharina Grimm (South Africa), Katja Mjøsund (Finland)

15:30-16:10 FUTURE OF ANTI-DOPING

Moderator: **Alessia Di Gianfrancesco (Italia)**

- Evolution of WADA - Recent advances
- Science of Anti-Doping

Alan Vernec, Canada and Yannis Pitsiladis (UK)

