

Athens 2020
FIM



International
Federation
of Sports Medicine



Sports Medicine
Association
of Greece



FIMS Pre-Congress Course

Sports Cardiology: ECG and Imaging

Wednesday, September 22nd, 2021

Divani Caravel Hotel
Athens, Greece



SCIENTIFIC PROGRAM



13.00 **Registration**

13.00-13.15 **Welcome**

*Scientific Director, Unit of Inherited and Rare Cardiovascular Diseases Onassis Cardiac Surgery Center - **A. Anastasakis (Greece)***

*FIMS Chair Education Committee - **D. Constantinou (South Africa)***

*President FIMS 2020 Congress - **K. Natsis (Greece)***

*FIMS President - **F. Pigozzi (Italy)***

13.15-14.50 **SESSION I**

ELECTROCARDIOGRAPHIC FINDINGS IN ATHLETES

Chairs: **D. Corrado (Italy), M. Papadakis (UK)**

13.15-13.35 Normal phenotypes of cardiovascular adaptation
M. Papadakis (UK)

13.35-13.55 Borderline ECG phenotypes on the athlete's ECG
T. Bakalakos (Greece)

13.55-14.15 Anterior T-wave inversion; Recognizing normal from abnormal phenotypes
D. Constantinou (South Africa)

14.15-14.35 The athlete's ECG. The things you should not miss
D. Corrado (Italy)

14.35-14.50 The role of exercise ECG testing in athletes
A. Dritsas (Greece)

14.50-15.50 **SESSION II**

ELECTROCARDIOGRAPHIC FINDINGS IN ATHLETES II

Chairs: **A. Biffi (Italy), V. Vasilikos (Greece)**

14.50-15.05 Rhythm abnormalities in the young and in athletes: When should you worry?
A. Biffi (Italy)

15.05-15.20 The ECG in cardiomyopathies
G. Efthimiadis (Greece)

15.20-15.35 The ECG in channelopathies
S. Sharma (UK)

15.35-15.50 The ECG in pre-excitation and Wolff-Parkinson-White syndrome
V. Vasilikos (Greece)

15.50-16.15 **Coffee Break**



16.15-17.30 SESSION III

ROLE OF CARDIAC IMAGING IN ATHLETE'S HEART

Chairs: **A. Anastasakis (Greece)**, **D. Arkader Kopiler (Brazil)**

- 16.15-16.30 Left ventricular systolic and diastolic function in athletes
K. Ritsatos (Greece)
- 16.30-16.45 Left ventricular dilatation in athletes
St. Papatheodorou (UK)
- 17.00-17.15 Physiological left ventricular hypertrophy in athletes
A. Anastasakis (Greece)
- 17.15-17.30 The right ventricle in athletes
G. Athanasopoulos (Greece)

17.30-19.30 SESSION IV

ROLE OF CARDIAC IMAGING IN DIFFERENTIAL DIAGNOSIS OF ATHLETE'S HEART WITH CARDIOMYOPATHIES

Chairs: **H. Löllgen (Germany)**, **N. Gordon (Greece)**

- 17.30-17.45 Hypertrophic cardiomyopathy vs athlete's heart
D. Arkader Kopiler (Brazil)
- 17.45-18.00 Dilated cardiomyopathy vs athlete's heart
G. Pieles (UK)
- 18.00-18.15 Non-hypertrophic cardiomyopathy and the athlete's heart
H. Löllgen (Germany)
- 18.30-18.45 Sport and exercise for athletes with cardiac conditions
H. Löllgen (Germany)
- 18:45-19.00 Home-based cardiac rehabilitation
N. Gordon (South Africa)
- 19:00-19.15 Indications and interpretation of CMR findings in athletes
E. Nyktari (Greece)

19.30-20.15 Practical and interactive ECG interpretation

20.15-21.00 Clinical cases

